

# **BC Snowboard Association**

## **CS4L Implementation Plan – June 2009**

### **Introduction to BC Snowboard Specific LTAD Implementation**

With the development of the Vision 2020, The Long-Term Athlete Development Plan for Snowboarding in Canada by the Canadian Snowboard Federation, athletes are able to see their pathway within the sport of snowboarding. Participants at all levels have access to references, education, and opportunities within the sport of snowboarding.

This Implementation Plan is provided to explain how BC Snowboard will provide programs and support to BC athletes to achieve growth within snowboarding.

### **The Objective and Scope of BC Sport For Life Project**

BC Snowboard has provided this information to show how it currently and intends to continue to follow steps towards implementing the Canadian Snowboard Federation Long Term Athlete Development Plan.

### **BC Snowboard Priorities**

The priorities have been narrowed down to the following initiatives:

- LTAD Education
- Facility Development
- Coaching and Officials Development
- Club Development
- Grassroots Participation

### **Long Term Athlete Development Plan**

BC Snowboard intends to follow the Vision 2020, The Long-Term Athlete Development Plan for Snowboarding in Canada as presented by the Canadian Snowboard Federation. The LTAD can be found at <http://www.csf.ca/en/dev/ltad/>. BC Snowboard has the same development stages as set out in the LTAD. This model provides the pathways for all snowboard participants in BC, including recreational and competitive athletes, coaches and officials.

## **Sport For Life Audit**

### **“Athlete Centered”**

BC Snowboard Association governs the sport of snowboarding in British Columbia. To achieve this we follow the participation model (Table attached). The purpose of this table is to demonstrate how a recreational or competitive athlete, coach or official can be a life long snowboard participant.

### **“Community Based Athlete Development”**

Snowboarding starts in the community. Organized snowboarding in BC currently consists of 8 sanctioned clubs, 4 provincial teams (Freestyle, SnowboardCross and 2 Development), RBC Riders program and a Provincial Series. All are based out of local ski resorts and communities. Snowboarding has developed a strong foundation throughout BC however this needs to be expanded to allow for more growth.

We have a club development program in place for the 2009-2010 season, which will hopefully provide more opportunities for local coaches, officials and athletes to become involved.

Attached is a chart of current clubs and the services they provide throughout the Province. As well, most ski resorts have their own programs through Snow Sport Schools and local shops. We are currently working with High School Clubs to provide programs.

### **“Facility Based”**

Proper facilities are essential for snowboarding to be successful at any ski resort. Most ski resorts have basic facilities for the entry level athlete, however, as the athlete develops, he/she needs for more discipline specific facilities (ie Halfpipe, Terrain Park or SnowboardCross track). These discipline specific facilities are limited in BC, with only the competition level Halfpipe being at Whistler. There are very few dedicated SnowboardCross tracks, and these are usually built upon request for training or competition use. Most ski resorts have some form of Terrain Park, and of course all resorts have varied terrain.

### **“Coach Driven”**

Programs for athlete training are designed, planned and implemented by trained and certified snowboard coaches. In 2009 alone there were 60 coaches (54 Basic Coaches and 6 Comp Intro Coaches) trained in BC to support the growing network of clubs around BC. Approximately 54 coaches are focused on the “Fundamental” through “Train to Train” LTAD stages. About another 6 coaches are focused on athletes in the “Train to Compete”.